

House Guidelines

In order to show respect to myself and others, I agree to:

- ❖ Communicate my needs in a calm way.
- ❖ Not eat in the living room/family room except for special occasions.
- ❖ Make treatment activities a priority over other activities.
- ❖ Not loan, borrow, or trade items with others. If I choose to give another resident a gift of any value I will have a staff present to make sure there are no arguments regarding that item.
- ❖ Not watch movies or television programs that are rated “R”/“MA” in the common areas.
- ❖ Participate in regular house meetings in which my feedback and suggestions contribute to a happy and safe place to live. Meetings will be scheduled to encourage participation.
- ❖ Be aware of other people’s space. Get permission from the person before entering their bedroom.
- ❖ During medication administration times there will be only one person in the area at a time.
- ❖ Not have food in my bedroom (it attracts mice and ants). Storage containers are available in the kitchen; ask staff where personal items can be kept.
- ❖ Three meals and two snacks will be served each day according to the menu which I am encouraged to help in creating. If I want something other than what is on the menu, I am responsible to purchase and make it on my own.
- ❖ Clean up after myself.
- ❖ Be respectful to housemates when doing laundry.
- ❖ Attend all of scheduled appointments and groups; and participate in the groups that are held at the house.