

Shangri-La Life

SPRING 2018 | NEWSLETTER



Grand opening event raises \$7,700 for Shangri-La

It was a 'cheers to all abilities' day from 5 a.m. to 10 p.m. at Dutch Bros' 300th location celebration on March 7. To celebrate the opening of the Barnes Ave. location in Salem, all-16 ounce drinks were just \$1 and all funds raised were donated to Shangri-La (yes, that's a lot of drinks made in one day!).

Members from the Shangri-La team were at the event from pre-dawn to post-sunset waving signs of gratitude, inclusion and happiness.

The All Seasons Grounds Care team and Life Enrichment Activities Program participations (both pictured bottom right and middle, respectively) joined the

festivities, as well as numerous employees and persons-served from Shangri-La's housing programs.

A handful of Dutch Bros team members were greeted by an enthusiastic and appreciative group of employees (pictured above) at the Shangri-La office when they delivered a check for \$7,700 to support Shangri-La.

Shangri-La gives a larger-than-life thank you to **Aaron Eastman**, owner of Dutch Bros Salem, **Kristie Madden**, Dutch Bros regional manager, for their partnership, and to the entire **Dutch Bros crew** that worked tirelessly at the grand opening -- we are in awe of you. Thank you.





• Originally from New York

- Known around the office for her distinct and infectious laugh
- Mother of two boys
- Favorite quote:
"Life begins at the end of your comfort zone" - Neale Donald Walsch

Janet Yousey named new CEO

Shangri-La's Board of Directors announced in late March that Janet Yousey will serve as Shangri-La's new chief executive officer. Yousey will succeed Karen Rutledge who announced her retirement from the position earlier this year.

"Janet possesses the creativity, inspiration and leadership needed to guide this organization into a challenging but exciting future," said Nick Bender, Shangri-La board president, in a video announcement to Shangri-La employees.

Yousey has been part of Shangri-La's executive leadership team since 2013, holding various roles related to organizational and talent development. Her previous experience includes consulting work focused on organizational assessment, strategic planning, and leadership development.

*"Janet possesses the creativity, inspiration and leadership needed to guide this organization into a challenging but exciting future."
- Nick Bender, Board President*

"I am incredibly excited and beyond humbled to have been chosen as CEO," said Yousey. "I am ready to bring my passion for future-focused planning to the organization. I'm absolutely committed to guiding the organization toward a bright and promising future."

When not in the office, you can find Janet on a hiking trail or maintain her "jungle of a garden".

"In my garden, I just follow my intuition and don't worry about nicely-ordered rows. I find that this provides me with a beautiful balance to the structure I embrace at work," explained Yousey.

Second Annual Shamrock Run: Rained on, but not rained out

Rain and wind couldn't keep the festive Irish spirit down during the second annual Shamrock Run, a fundraiser for Shangri-La, on March 17 in Newport.

Over 100 hundred runners donned their best green and gold to walk or run the course which started at Rogue Brewery and took participants under the iconic Yaquina Bay Bridge.

The event, a partnership between **Ardor Adventures** and Shangri-La, is quickly becoming an event enjoyed by all ages and all abilities. This year, 15 children participated in a fun run and a handful of people with disabilities participated in the 5K course.

"The Shangri-La volunteer team is amazing. They work through rain, cold and other adversities with smiles and hugs," said **Ed Cortes**, owner of Ardor Adventures, about the partnership with Shangri-La.



Photo courtesy Kerry Terrel Photography.



Thank you
Shamrock
Run Partners



- Rogue Ales and Spirits
- Kerry Terrel Photography
- Newport Police Volunteer Association
- Port of Newport
- Willamette University Student Volunteers

Larry Paul and his support staff, Carleene, were all smiles when they stopped for a quick picture while out on the race course.



Accessible Egg Hunt continues to grow; meets need for an accessible and inclusive space

Shangri-La held its fourth annual Accessible Egg Hunt on Saturday, March 31. Over 300 people attended the event this year -- more than triple the number in previous years.

Thanks to the grassy and paved surfaces available at the event's venue, **Log House Gardens** in Keizer, attendees with varying mobility abilities were able to safely hunt for eggs.

This year's egg hunt included several new attractions including games with prizes, a bunny photo booth, face painting, and by far the most enjoyed, a mini petting zoo where attendees could pet, hold and cuddle live bunnies.

Event coordinators also added some features to help ensure all in attendance felt welcome and comfortable. A quiet space was created for individuals who might be overwhelmed by large crowds, and **Donna Welch**, a member of Shangri-La's Better Together Monthly

Giving Community who also happens to be a safety manager, donated noise protection ear muffs to be used by individuals with sensory sensitivities.

Volunteers from **Salem Electric** and Shangri-La's Life Enrichment Activities Program filled 3,000 eggs for the event, and employees from **Dutch Bros** helped hide the eggs on the day of the event.

"Salem Electric is delighted to be a sponsor of the Accessible Egg Hunt. It's a great experience working alongside Shangri-La's team to prepare eggs for the hunt each year and support Shangri-La's mission," said **Tony Schacher, General Manager at Salem Electric**.

To meet the growing attendance, Shangri-La purchased an additional 2,000 eggs for next year's event and will continue to find ways to ensure the event is friendly, accessible and inclusive for all in attendance.

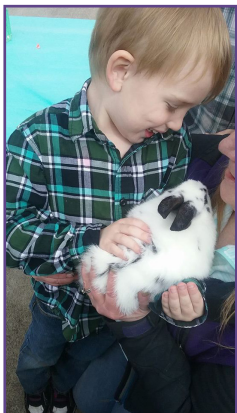


Thank you
Accessible Egg
Hunt Partners



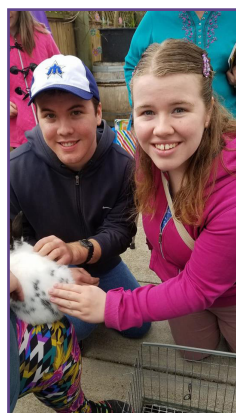
Log House Gardens
AT WILLOW LAKE

- Valley Credit Union
- Antique Powerland
- Sonic - Lancaster
- QDOBA
- Dairy Queen - Mission St.
- Pietro's Pizza
- Wilsonville Family Fun Center and Bullwinkle's Restaurant
- Salem's Riverfront Carousel



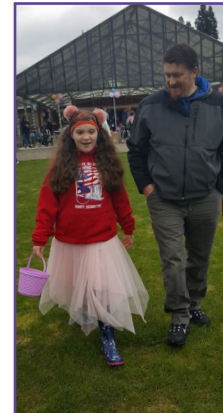
"My son had a great time. He loved the bunnies the most. He can't stop talking about snow ball. You guys did so wonderful."

- Jeannie, shared on Facebook



"Word of your wonderful event is certainly getting out there. You folks are a blessing. Thank you to the 2 volunteers that helped this mother in a HUGE time of need."

- LaDonna, shared on Facebook



"It was our 1st year and had so much fun!! You guys did an AMAZING job!!"

- Toni, shared on Facebook on Facebook

Board of Directors

Nick Bender
Independent Project
Manager

Nicole Titus
Owner, iPsenault

Jan Frank
Owner, West Salem
Ace Hardware

Dan Gilmour
Owner, Dan Gilmour
Construction

LeeAnne Gilmour
Business
Development Officer,
Citizens Bank

Chad Kerlegan,
Marketing Director,
SERVPRO of Salem
West

Dr. Winifred Ju, PhD
Licensed
Psychologist

Briti Davidson-
Cruickshank,
Member Services
Manager, Salem
Electric

Michael Kemry,
Harcourts NW
Oregon Realty Group

CEO
Karen Rutledge
503-581-1732, x350

Mission
Serve people with
disabilities or
disadvantages so
they recognize and
achieve their full
potential.

We are optimistic because of you.

Thank you to these donors whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents donors who contributed between February 1, 2018 - April 30, 2018.

Better Together Monthly Giving Community

Karen Beach
Nick Bender
Ronald and Marlene
Carpani
Andrea Cogburn
Donna Cote-Welch
Greg and Holly
Crawford
Britni and Nick
Cruickshank
Fred Duckwall
Ashley Erb
Kelli Flynt
Charles and Jan
Frank
Julia Frisbie
Michelle Furman
Dan and LeeAnne
Gilmour
Jennifer Gray
Thomas Hamm
Winifred Ju
Chad Kerlegan
Joyce McFarland
Jenifer McIntosh
Jeanette Merrick
Lisa Miller
Kendra Morgan
Tarah Murfin
Tiffani Olsen
Margie Paulson
Holly Pharms
Colleen & Roger
Plott
Kathy Sewell
Ronald and Joanna
Stout
Ross Stout
Nicole Titus
Christel Turkiewicz
Dan and Robin
Winkle
Janet Yousey

Accessible Egg Hunt Event Partners

Donna Cote-Welch
MOD Pizza
Log House Garden
at Willow Lake
Salem Electric
Salem's Riverfront
Carousel
Pietro's Pizza
Dairy Queen
Valley Credit Union
Willsonville Family
Fun Center and
Bullwinkle's
Restaurant
QDOBA -
Commercial
Location
Sonic - Lancaster
St. Location

Harms Home Repair Fund Contributors

Bruce and Debbie
Carpani

Greatest Need Givers

Craig and Cherie
Cline
Bette Richards
Catherine Rickbone
Kathy Sewell
Karen Werner

In-Kind Contributors

Carleene Iverson
Mary Lawson
Karen Rutledge
Denise Smith Seith

Better Together Luncheon Partners

Managed Health
Care Pharmacy
Valley Credit Union
USI Insurance
Services

Pancakes for People Event Partners

Newport Elks Lodge
Pig N' Pancake

Shamrock Run Event Partner

Ardor Adventures

Louise Shoe Fund Contributor

Rita Powell

Jan Kral Scholarship Fund Contributor

Tom Bingham
Janis Carper
Kurt Culver
Carol Ferries
Diana Finkle
Cheryl McDavitt
Kathy Sewell
Karen Werner

The power of teamwork.



Employees at the **Wells Fargo Call Center** collected 119 boxes of dryer sheets and 108 jugs of laundry detergent to support Shangri-La Cares Day project. The items will help low-income families served in Shangri-La's Youth and Family Services program.



Shangri-La's Social Club: a mix of people, food and fun

Over the past couple of years, Shangri-La has slowly been building awareness around their monthly Social Club meet-up. Now more than 50 people attend the event each month at Shangri-La's Salem office.

Social Club, which aims to support social skill growth and development, is open to anyone with a disability in the community and features a new activity each month.

Recent months have featured cookie decorating, karaoke, and root beer floats. Also popular is the potluck buffet.

"Some participants wanted to start hosting a potluck," recalled Mary Zarate, a Quality

Social Club meets from 6pm – 8pm, every third Thursday of the month at 4080 Reed Road SE in Salem.

Assurance and Improvement Manager at Shangri-La.

"The first night we had an interesting array of food: half a can of Pringles chips and a can of olives. So we made virgin margaritas and had some chips."

Luckily, that first attempt wasn't the last. "Since that first potluck, people have been practicing cooking skills," Mary continued. "Now there are fantastic foods being prepared by everyone attending."

Social Club is supported by the Jan Kral Scholarship Fund -- a donor fueled fund to help support opportunities for community access and inclusion.

Get in Touch

Salem
503-581-1732

Newport
541-265-4015

Florence
541-997-8028

Eugene
541-344-1121

Website
shangrilaoregon.org

Community
Engagement Office
503-581-1732, x328

If we have inadvertently neglected to thank you, please let us know so that we can acknowledge your generosity in our next newsletter.

If you no longer want to receive the Shangri-La Life Newsletter, just let us know. We will take you off our mailing list.

COMMUNITY
WIFFLE BALL
GAME AND BBQ

AN INCLUSIVE
EVENT FOR PEOPLE OF
ALL ABILITIES AND
ALL AGES

JUNE 20 11-1 P.M. **NEWPORT, OREGON**

Friendly-competition. Free to all. Register to play by calling 541-265-4015.
Betty Wheeler Memorial Field (852 NW Nye St) in Newport.
Learn more at www.ShangrilaOregon.org



save the date:

Capital City Cornhole Classic
Tournament Date: 9/8/18
Registration opens: 7/13/18

Spotlight on Volunteerism

Meet Volunteer Tiana Nisly

Volunteer Since: March 9, 2018

Volunteer Role: Accounting Department Support. Tiana has been assisting with updating depreciation schedules and compiling data to complete Shangri-la 990 tax return.

What brought you to Shangri-La?

I'm an accounting student at Corban University and am about to finish up my third year. One of the ways Corban gives its students opportunities to be involved in the Salem area is by required community service throughout their four years at the university. Suggestions for where students can volunteer are regularly sent out, and Shangri-La was on the list. I noticed they serve individuals with disadvantages and disabilities, and that immediately caught my attention, as I have a close

friend back home who has a disability. I am honored to help make the mission of Shangri-La happen for people here.

What is your favorite part about volunteering?

My favorite part about volunteering is getting to know the people at Shangri-La. I can tell they have big hearts for the individuals they serve.

What is something that surprised you Shangri-La?

Something that surprised me about Shangri-La was how big of an organization it was.

What would you tell someone about your experience volunteering with Shangri-La?

I would tell anyone that my experience at Shangri-La has been beneficial because of the people there and what drives them to do their jobs or volunteer activities day after day. I want to strive for that same deep sincerity and continue to develop my reason for why I do what I do.



Become a
Shangri-La
volunteer.
Learn more
on Shangri-
La's website.

Caught in Action



Employees from the Wells Fargo team rolled up their sleeves and got muddy to help transform a backyard at one of our group homes.



Salem Electric employees worked side-by-side with participants in Shangri-La's Life Enrichment Activities Program to fill eggs for the Accessible Egg Hunt.



More hands.
More heart.

Thank you to these volunteers whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents volunteers who served between February 1, 2018 - April 30, 2018.

Accessible Egg Hunt Egg Filler Team

Salem Electric
Employees:
Alex Przybylowski
Courtney Charnetzki
Gail Ripp
Heidi Hand
Jenny Stallings
Jessica Reavey
Linda Betchel
Michele Adkins
Rebekah Smith
Rodney Sukau
Tina Workman

Birthday Wishes Fairies

Allen Donnelly
Crystal Sotelo
Kat Albee
Hannah Shuholm
Thea Sanchez

Practicum Students

Benjamin Hill
Brittany Chaney
Rita Miller
Sheryl Haney

Accessible Egg Hunt Event

Adolfo Lopez
Alexia Frey
Allyson Fennimore
Amy Barreto
Ashley Habersaat
Baelie Dominguez
Chloe Shimmin
Gage Hazelton
Haley Fagundes
Heidi Frederick
Jacob Titus
Kaitlyn Cooper
Lindy Courdoza
Megan Dominguez
Nicole Titus
Richey Baumann
Vicky Habersaat

Accounting Team Support

Tiana Nisly

Community Engagement Team Support

Jennifer Beebe
Megan Dominguez

Friendship House Yard Makeover Team

Wells Fargo
Employees:
Adam Faust
Alex Bruce
Cierra Jackson
David Simon
David Williams
Erica French
Kayla Bass
Maegan Bigler
Maria Gasca
Martin Fogarty
Mia Ashwill
Sarah Hohstadt

Cookie Ambassador

Marrissa Maddox

Housing Support Aide

Diana Ortega
Thelma Gentry

Pet Companion

Dawn Harden
Imagine (the dog)

Housing Sidekick

Sandra Olson

Shamrock Run Event

Alicia Alberto
Alyssa Young
Cameron Taggesell
Claire Algoni
Claire Johnson
Darryl Wolfer
Doris Posner
Elaine McQuillan
Emily Kosruch
Frank Perdue
Karen Morgan
Kimberly Svensson
Kirby Marion
Kristie Viol
Larry Paul Watson
Manuel Marcos
Morgan
Raikes-Bennett
Phoebe
Marcus-Porter
Steve Magurno

Postage Pals

Allen Donnelly
Stephanie Hartman
Salankara
Bandyopadhyay
Emily Dehmer
Ashley Larena
Kat Albee

Newsletter Production Team

Wells Fargo
Employees:
Adam Faust
Bianca Love
Chris Elmore
Julie Downes
Kelli Matsuo
Katherine Archuleta
Willie Kennedy
Trinity Norman

Pancakes for People Event

Wells Fargo
Employees:
Carleene Iverson
Judy Peets
Julia Stalcup
Shawn Martin
Doris Posner
Steve Magurno
Kimberly Svensson
Larry Paul Watson
Tracy Mitchell



*Thank you to
**County
Commissioner
Doug Hunt (top)**
and all of the
families that
attended the
breakfast.*

Pancakes for People pairs classic breakfast food and opportunity to help

Pancakes and syrup can do more than feed the soul. That was the case anyway at Shangri-La's second annual Pancakes for People fundraiser on April 21 at the Newport Elks Lodge.

From 8 a.m. - 11 a.m., Shangri-La's official pancake pros turned out warm and hearty pancakes for the over sixty people that attended the event.

Thanks to event partners **Pig N' Pancake** and the **Newport Elks Lodge**, nearly all of the funds raised at the event will help grant wishes to coastal programs.



*Thank you
Pancakes for
People Partners*



**PIG 'N
PANCAKE**

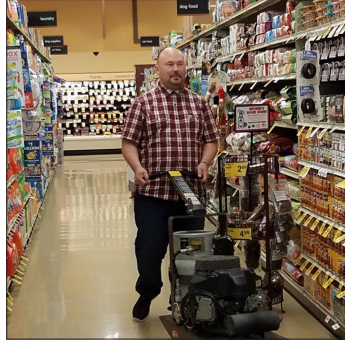
• Newport Elks Lodge

SPRING HAPPENINGS



Listen to Your Art

Life Enrichment Activity Program participants worked alongside local artists at the coastal *Cookies and Crafts* event in March.



The Man for the Job

David started his new job at **Total Cleaning Solutions**.
#inclusionworks



Night Out on the Town

Several individuals attended *Night to Shine* in Salem – a prom night experience for people with disabilities – sponsored by the Tim Tebow Foundation.



Grill Master

Larry Paul cleaned up the grill at this house and is ready for BBQ season. His favorite thing to grill is hot dogs.



Luck to Know You

Businesses partners were treated to breakfast and words of appreciation at the annual “Lucky To Know You” events held in Salem and Newport.



Sun, surf and lunch

Thanks to donor funds, residents at one of Shangri-La's residential treatment homes practiced social skills during an outing to the coast with lunch at Mo's Chowder.



Business After Hours

Shangri-La hosted members of the **Greater Newport Chamber of Commerce** at a *Business After Hours* event to share information about programs and creating inclusive communities.



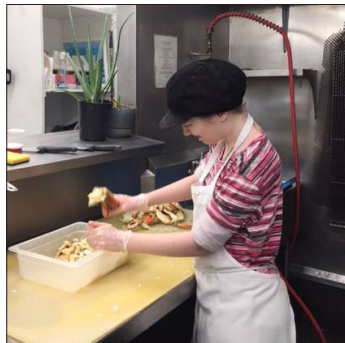
Off on a New Adventure

Shangri-La said farewell and wished **Karen Rutledge**, former CEO, well at her retirement party in April. Karen was a member of the Shangri-La team since 1989.



Wild World

Sandi and her house mates experienced close encounters with critters of all kinds during their recent trip to Wildlife Safari.



Shakin' It

Ember started her new job as a crab shaker at **South Beach Market** in March.
#inclusionworks



John Deere Green

Arlan, Jo and Hollie took in the sights at the Oregon Ag Fest in April.



Loud and Proud

In celebration of Disabilities Awareness Month in March, yellow bracelets were worn to identify the abilities or trait each person is most proud of.