Spring 2020



# The parade must go on.

COVID-19 pushes Shangri-La teams to think outside the box regarding Individual Service Plan goal achievement.

Anyone who knows Sam knows about his love for parades. When the weather turns nice, Sam can be seen at a variety of local parades, including one of his favorites, the Portland Pride Parade. Not only does Sam enjoy parades, attending parades is part of his Individual Service Plan (ISP) goal to engage with his community.

Even though COVID-19 has changed much in the world, it doesn't mean that Shangri-La can stop helping individuals achieve their personal goals.

Due to Oregon's "Stay home, Stay safe" order, Sam was unable to attend a parade for his birthday. Instead of just accepting this and deferring his goal, one of Sam's support team members had the idea of bringing a parade to Sam so he could enjoy it from the safety of his driveway.

"Sam did have a goal of attending parades this year,

and thanks to one of our amazing staff who came up with this alternative, he was still able to meet his goal," stated Shana Winn, Sam's house manager.

On the day of his birthday parade, Sam took his time getting ready in his headto-toe rainbow outfit. All at once, several Shangri-La employees arrived on Sam's street with their cars decorated with birthday messages and balloons. Some even played 'happy birthday' music as they drove by.

"He really enjoyed it. He was all smiles as we reflected on what a cool experience it was," mentioned Shana.

GIVE

\$10

Join Shangri-La's Better Together Giving Community with a \$10 monthly contribution.

Recurring donations help ensure we can stay missionfocused, even during pandemics. Set-up your automatic, recurring donation at www.ShangrilaOregon.org/give.

# Better Together Event raises funds for barrier-free homes

Thirty percent of individuals-served in Shangri-La's residential program for individuals with intellectual/ developmental disabilities require a mobility assistive device, and, of those served, nearly 60% are over the age of 50.

To ensure these individuals can be safely supported in their current home through their golden years, Shangri-La's Better Together event illustrated the need for more barrierfree homes at Shangri-La, which include widening doorways, remodeling bathrooms, removing carpet, adding entry-way ramps, and more.

Typically held in-person, the Better Together Event was quickly adapted to a virtual format this year in response to recommendations to help slow the spread of COVID-19.

The total costs for the planned barrier-free home remodel projects carry a price tag of about \$45,000. Event attendees raised \$16,000 towards these projects. Combined with already secured grant funds from the **Barbara Emily Knudson Foundation**, Shangri-La is halfway to the \$45,000 goal.

Over the next six months, Shangri-La will work to raise the remaining amount through grant funds and additional donations and hopes to complete the remodel projects over the fall and winter months.



Shangri-La's annual Better Together fundraiser was held virtually this year on the organization's website. Rather than an in-person luncheon, guests watched a 30-minute online video about the need for more barrier-free homes at Shangri-La. The virtual event was attended by supporters from Oregon and eight other states.

#### You can still help! Watch the video and support barrier-free homes at: www.ShangrilaOregon.org/bettertogether

**Barb Adams** Alexandra Andeen Holly and Tom Azzari Karen Beach Chandler Birky Julie Black Krystal Boyechko David Briggs Gila Burger Janet Carlson Robyn Costello Donna Cote-Welch Amy Daraghy Aalicea Dominguez Jennifer Dominguez Alyssa Donnelly **Diane Draper** 

Sally Dvorak Shelly Ehenger Ashley Erb Casey Fast Linda Folkestad Jan Frank Marcus Gauna Taylor Gilmour Brian Gooley Jennifer Gray Terri Hays Lynne Heroux Dan Howe Sandy Hudson Marcus Huenergardt Doug Hunt



Jimmy and Patricia Jackson Amy Jauron Melanie Jones Jason Kelly Michael Kemry Wasi Khan

Jane Klemm Paul Klemme Carly Lair Sarah Lockwood Megan Manning Teri Marsh Gordon Mart Cynthia McGladrey Margaret Miller Tiffani Olsen Barbara Robertson Daryon Rodriguez Steve Ross Mary Schmid Carter Larry and Denise Seith Kathy Sewell

Robin Shannon Aaron Smith Sue Stalnaker James Titus Nicole Titus Irene Tynes Denise Vandecoevering Yia Vang Kim Vettrus Jessica Walsh JD Welch Matthew Woodburn Donna Woods Shirley Workman Janet and Ben Yousey

Thank you to our Better Together Partners







CREDIBLE Proven. Easy To Use.

# better together

Thank you to these donors and volunteers whose contributions helped people with disabilities and families with disadvantages thrive at home, at work, and in our community.

#### **Better Together Giving Community Members** \* denotes new Better Together Giving Community member

Alan Apodaca Katharine Army Nick Bender David Briggs Vicki Caldwell Ronald and Marlene Carpani Donna Cote-Welch Greg and Holly Crawford Megan Denison Aalicea Dominguez Fred Duckwall JoAnna Edwards\*

#### Fabric Mask Makers + Givers

Mid Valley Quilt Guild Sara Amend Caroline Cummins Stacy Erb Jan Frank Laura Hildebrandt + Friends **Cindy Jackson** Mia and Ally Kubu Randi Roten Heather Moncure Sarah Moncure Wilson Tarah Murfin Linda and Lonney Olsen Rachenda Reynosa Christina Dykes Katherine Skelton

Ashley Erb Callie Evonuk Jan Frank Heidi Frederick Julia Frishie Dan and LeeAnne Gilmour Jennifer Gray Brittney Hall Beth Hill Howard Hinsdale Tami Ju Winifred Ju

Theresa Kies Amy Korkowski Elizabeth Larson Diego Lugli Teri Marsh Jeanette Merrick Lisa Miller Madeline Mulhern Allison Myers Tiffani Olsen Holly Pharms Laurie Phelps Roger and Colleen Plott

- Rachenda Reynosa Kelli Rogers Kathy Sewell Yvonne Stewart Ron and Joanna Stout Ross Stout JD Welch\* Rose Wilgus Dan and Robin Winkle
- Rhonda Wolf\* Janet and Ben Yousey

#### Greatest Need Givers + **In-Kind Supporters**

Lindsay Adrean Erin Duncan Direct Care Solutions Jimmy and Patrica Jackson James and Judy Kennedy Fred and Mary Jo Montgomery Annie Powell Mary Lu Snodgrass Chemawa Indian School John Deere Seeding Division

#### Harms Fund Supporters

Bruce and Debbie Carpani

### Louise's Shoe Fund Supporter

Daniel Abraham

#### Grants

\$8.813 from SAIF **Corporation** for PPE and sanitizing supplies

\$5,000 from Siletz Tribal **Charitable Contribution** Fund for housing assistance

#### Interns

Andee Kahler Kimberly Castro-Monroy



Thanks to this group of fabric mask makers and givers, over 650 fabric masks have been given to Shangri-La direct support professionals and individuals served to help keep them healthy during the COVID-19 pandemic.



This list represents supporter contributions made between March 1 - May 31, 2020.

### We truly are, better together.

# missionmoments





**Feeding Community** 

After closing their campus due to COVID-19, **Chemawa Indian School** donated their remaining perishable foods to Shangri-La homes.



**Doing Our Part** 

During Child Abuse Prevention Month, Shangri-La employees declared how they would help create healthy families and prevent child abuse.



SEND FAN MAIL TO DIRECT SUPPORT PROFESSIONAL ESSENTIAL WORKERS



Direct Support Professionals (DSPs) don't have the option to work from home during pandemics, and we can't afford to have them stop showing up for the individuals they serve.

#### Send some appreciation/thanks/ encouragement to Shangri-La's DSPs by sending DSP fan mail (card, postcard, coloring, inspirational quote, etc.).

Send mail to: Shangri-La Attn: Awesome DSPs 4080 Reed Road SE #150 Salem, Oregon 97302



More than John Deere Green John Deere donated 1,000 plastic face shields to help protect essential workers at Shangri-La during the COVID-19 pandemic.



Loud and Proud During Developmental Disability Awareness Month, Shangri-la wore yellow bracelets displaying the abilities and characteristics we are most proud to have.



Mental Health Matters Shangri-La locations painted the town green to bring awareness to mental health during Mental Health Awareness month.

#### At Our Core

Mission: Serve individuals with disabilities or disadvantages so they may recognize and achieve their full potential.

Vision: Communities where all people are accepted for their abilities and celebrated for their successes.

### Become Better Together

Visit Shangri-La's <u>NEW</u> website to learn more, donate, volunteer or see current job openings. www.ShangrilaOregon.org

If you no longer wish to receive the Shangri-La quarterly newsletter or have questions about this publication, email: community@shangrila-or.org or call 503-581-1732, x318.

#### Board of Directors

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## Chief Executive Officer

Janet Yousey

Shangri-La is a 501c3 non-profit human services organization, tax identification number: 93-0509414.