



Lighting the Way FOR MENTAL HEALTH

May is Mental Health Awareness Month

This glowing green bulb is a reminder that mental health matters and that eliminating stigmas associated with mental illness is necessary for a healthy and vibrant community.

#lightthewayformentalhealth

This project is brought to you by:



Shangri-La
Enriching Lives Together

in partnership with



Columbia Bank



UMPQUA BANK

www.shangrilaoregon.org/lighttheway