

Yellow Napkin Project

KNOWLEDGE + ACTION =
Inclusive and Accessible Communities
FOR PEOPLE WITH DISABILITIES

Remember that even if a person with disabilities utilizes support from a direct support professional, interpreter, or companion, your primary interaction and engagement should be with the individual, not their support person. Then, if assistance is needed, the support person can provide it.

Recuerda que si una persona con discapacidad utiliza el apoyo de un intérprete o acompañante profesional de apoyo directo, su interacción principal y compromiso sería con el individuo con discapacidad, no con su persona de apoyo.

Pero si el individuo necesita ayuda, la persona de apoyo puede proporcionarla.

The Yellow Napkin Project is brought to you by
this business in partnership with



Shangri-La

Enriching Lives Together

www.ShangriLaOregon.org/yellownapkinproject



UMPQUA BANK

Yellow Napkin Project

KNOWLEDGE + ACTION =
Inclusive and Accessible Communities
FOR PEOPLE WITH DISABILITIES

**Disability does not mean inability.
Regardless of their disability, people
with disabilities can express themselves,
complete daily activities, participate
in their community, and make decisions.
Some people with disabilities need
assistance to do these things.
Others do not.**

*Discapacidad no significa incapacidad.
Independientemente de la discapacidad de las personas con
discapacidad, ellos pueden expresarse y realizar actividades
diarias, participar en su comunidad y tomar decisiones.
Algunas personas con discapacidad necesitan ayuda
para hacer estas actividades, pero otras no.*

The Yellow Napkin Project is brought to you by
this business in partnership with



www.Shangri-LaOregon.org/yellownapkinproject



Yellow Napkin Project

KNOWLEDGE + ACTION =
Inclusive and Accessible Communities
FOR PEOPLE WITH DISABILITIES

**Each person's experience
with their disability is highly unique,
and support needs vary greatly,
even among those who share the
same disability diagnosis.
Always presume competence,
seek understanding, and ask
before helping.**

*Cada persona experimenta su discapacidad diferentemente
y sus necesidades de apoyo varían mucho, incluso entre
aquellos que tienen el mismo diagnóstico de discapacidad.
Siempre hay que suponer competencia. No des por hecho que
las personas con discapacidad son incapaces. Si no
estás seguro de cómo ayudar, pregunta.*

The Yellow Napkin Project is brought to you by
this business in partnership with



www.ShangriLaOregon.org/yellownapkinproject



Yellow Napkin Project

KNOWLEDGE + ACTION =
Inclusive and Accessible Communities
FOR PEOPLE WITH DISABILITIES

Disability is common. A disability is any permanent or temporary physical, mental, cognitive, or developmental condition that impairs, interferes with, or limits a person's ability to complete or participate in daily activities. Up to 1 in 4 people in the United States have a disability, most of which are invisible.

La discapacidad es común. Una discapacidad es cualquier condición física, mental, cognitiva o de desarrollo permanente o temporal que perjudica, interfiere o limita la capacidad de una persona para ejercer o participar en las actividades diarias. Hasta una de cada cuatro personas en los Estados Unidos tiene una discapacidad. La mayoría de las cuales se encuentran en el sector invisible.

The Yellow Napkin Project is brought to you by
this business in partnership with



Shangri-La
Enriching Lives Together

www.Shangri-LaOregon.org/yellownapkinproject



UMPQUA BANK

Yellow Napkin Project

KNOWLEDGE + ACTION =
Inclusive and Accessible Communities
FOR PEOPLE WITH DISABILITIES

Many people with disabilities want to and can work, yet they remain the most unemployed and underemployed population in the United States. Most people with disabilities need no or only minimal accommodations to perform their jobs successfully.

Muchas personas con discapacidad quieren y pueden trabajar. Sin embargo, siguen siendo la población más desempleada en los Estados Unidos. La mayoría de las personas con discapacidades no necesitan adaptaciones o solo las mínimas para realizar su trabajo con éxito.

The Yellow Napkin Project is brought to you by this business in partnership with



www.Shangri-LaOregon.org/yellownapkinproject

