



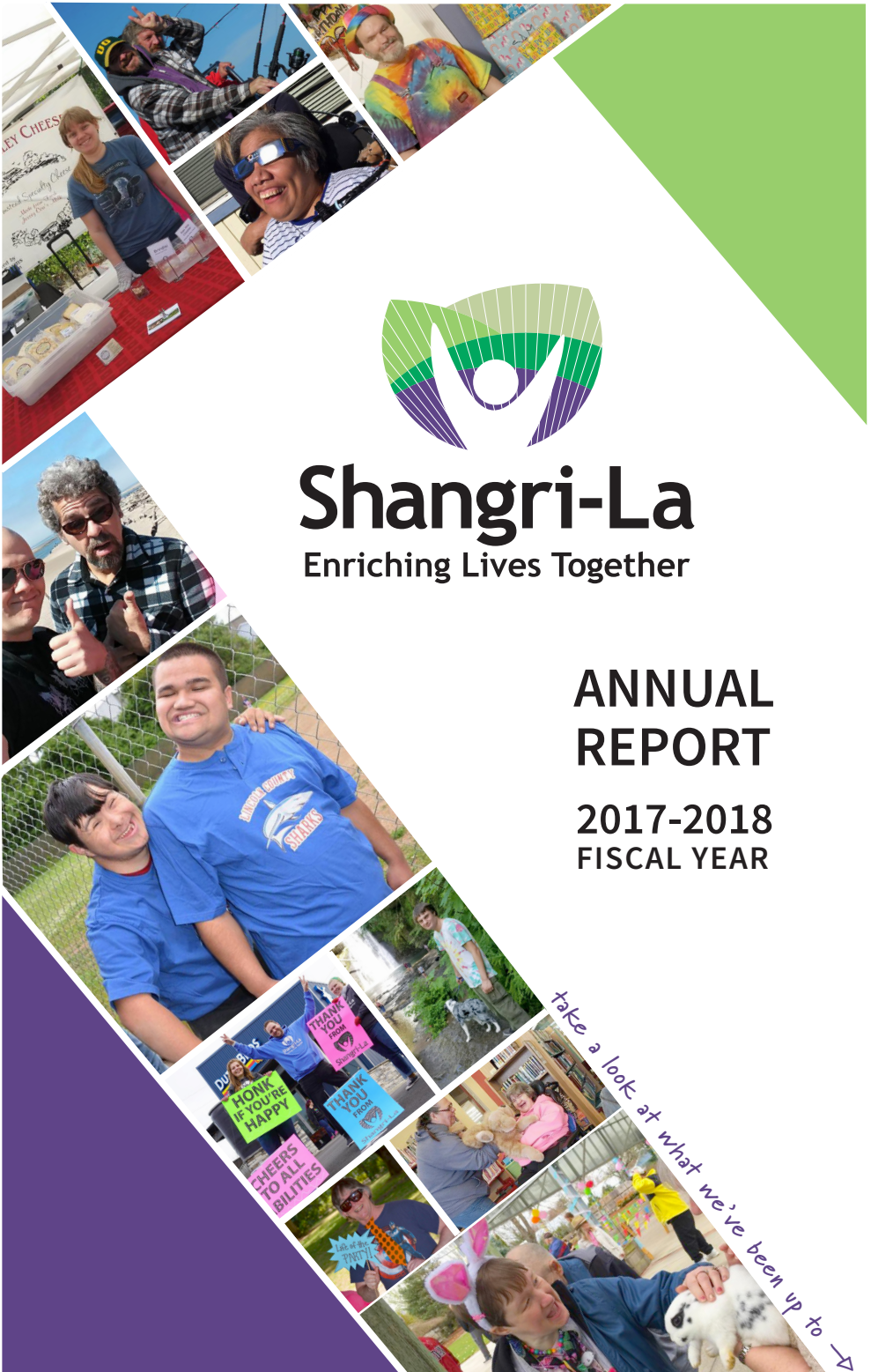
Shangri-La

Enriching Lives Together

ANNUAL REPORT

2017-2018
FISCAL YEAR

take a look at what we've been up to →



**A MESSAGE
FROM CEO
JANET
YOUSEY**

I am thrilled to be writing my first annual report message on behalf

of Shangri-La. I started as Shangri-La's CEO in April 2018, and while I've been with Shangri-La for over four years, being in the CEO role has deepened my pride in the services and supports Shangri-La staff provide members of our community.

Over the past few months, I've had the privilege of visiting nearly all Shangri-La service sites and had the opportunity to connect personally with hundreds of our staff and individuals in our services. These visits reassured me that Shangri-La's mission -- to help people reach their potential -- is alive and well throughout the organization.

During the coming fiscal year, Shangri-La will be focusing

on two strategic priorities. First, we are committing to evaluating the true impact our services have on the lives of people in our programs. Shangri-La is dedicated to ensuring that every service we provide truly, and deeply, meets our mission.

The second priority is keeping our eye on our financial health so that we can uphold our promise to our community of providing services to people with disabilities and families with disadvantages long into the future.

I look forward to partnering with you in the year ahead!

at our very core

VISION

the change we hope to make

Communities that accept all people for their abilities and celebrate their successes.

MISSION

the reason we exist

Serve people with disabilities and disadvantages so they may recognize and achieve their potential.

VALUES

how we do our work

- Trust
- Personal Focus
 - Choice
 - Effective Communication
- Continual Growth





by the
numbers

1 8 8 8

LIVES IMPACTED

1 2 4 0

PARENTS WITH
BARRIERS TO
SELF-SUFFICIENCY

- 1240 parents received life and job skills training to overcome employment barriers.
- 386 parents obtained employment.
- 50 teen parents received support to obtain their high school diploma or GED.

3 4 2

INDIVIDUALS
WITH INTELLECTUAL
/DEVELOPMENT
DISABILITIES

- 131 people received daily living supports in a Shangri-La group or personal home setting.
- 59 homeless individuals/families received housing assistance and case management.
- 73 individuals participated in a life enrichment day program.
- 36 people were employed in a sheltered workshop; 107 job seekers with disabilities received community employment supports.=

1 6 8

INDIVIDUALS
WITH CHRONIC
MENTAL ILLNESS

- 76 people received recovery supports at a Shangri-La residential treatment home.
- 62 individuals received recovery supports in their own home.
- 30 people received rental assistance and supports to obtain affordable housing.

1 3 8

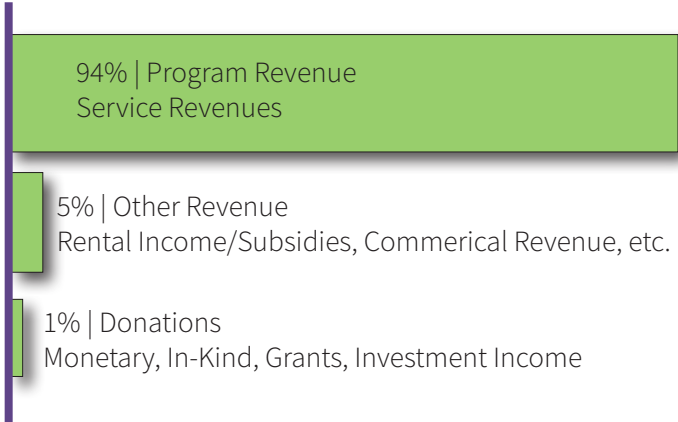
INDIVIDUALS WITH
OUTPATIENT MENTAL
HEALTH NEEDS

- 94 individuals received therapy, case management, and skill building supports.
- 44 individuals received medication management services.
- 1,528 instances of outpatient mental health supports were provided in total.

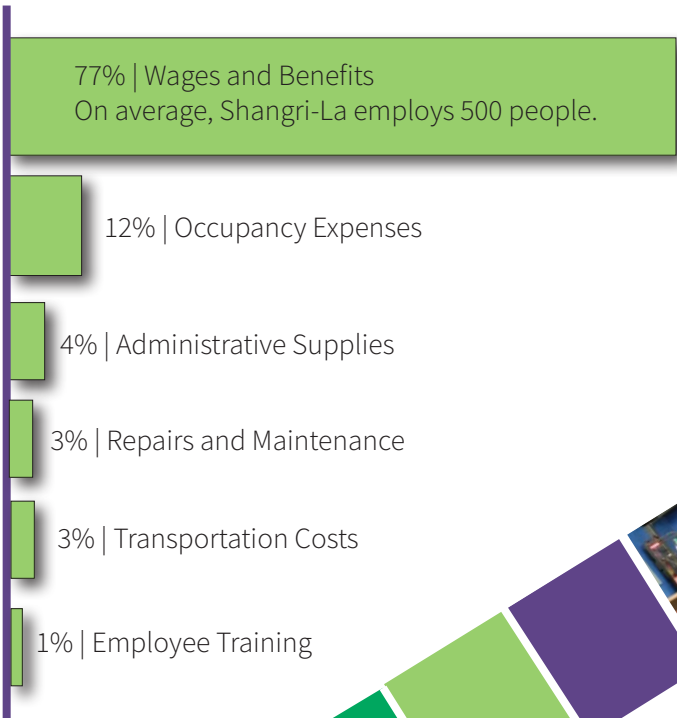
Some individuals receive supports through multiple service lines. However, these individuals are only counted once in overall totals.

REVENUE SOURCES

In fiscal year 2017-2018, Shangri-La sustained monthly revenues at or above \$2 million.



OPERATIONAL EXPENSES





MEASURING IMPACT

HOUSING ASSISTANCE PROGRAM

To better understand the impact Shangri-La's programs are having on the lives of the individuals-served, Shangri-La completed a *Project Impact* study on our **Housing Assistance Program** for individuals and families with disabilities who were chronically homeless before entering the program.

The study combined qualitative and quantitative research to evaluate indicators of impact and identify possible program improvements. Below is a brief overview of six of the nine key findings.

Finding #1: More than Four Walls and a Roof

Key Insight: The data showed that when participants felt safe and secure they were able to focus on other areas of their life like overcoming barriers, setting boundaries in relationships, budgeting, and working on their mental and physical health. The safety and security provided by the program is the catalyst for change that involves first a reliance on services, then a transformation and reliance on self, and eventually an excitement of philanthropy for others.


Finding #3 and #5: Cloudy with a Chance of Success

Key Insight: In interviewing 28 participants, the data revealed that those who were most successful in setting and achieving goals were actively working on their mental health treatment and addressing any issues with their physical health. Similarly, the data also showed that participants might have done well at life skills, meeting basic needs, and understanding positive and negative relationships, but mental health or physical health challenges coulded their sense of self and successes.

Finding #6: My Island of Self-Empowerment

Key Insight: We anticipated the data would show a direct correlation between success and the number of positive relationships participants were able to nurture and sustain. After data collection, it was evident that many participants are actually making the more healthy choice of living an isolated lifestyle to remove themselves from harmful triggers.

CONTINUED ON PAGE 9



"I have hope now
for the first time.
I know how to
overcome things
and am overall less
stressed."

- GeorgeAnne
Shangri-La Housing
Assistance Program
Participant

See the full
findings report.

[www.ShangriLaOregon.org/
Home/News/](http://www.ShangriLaOregon.org/Home/News/)

BETTER TOGETHER

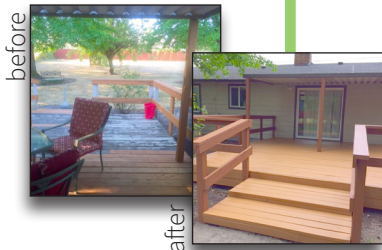
- Engaged **272 donors** (47% were first-time contributors) in making **778 contributions** totaling over \$100,000 in monetary and in-kind donations. **Increased support from corporate partners** by 31.5% and 15% from individuals.
- Added **16 new members** to *Shangri-La's Better Together Monthly Giving Community*.
- 261 volunteers** contributed **2205 hours of service** to enhance Shangri-La's mission.



HIGHLIGHTS

looking back

2017 07 | JULY & beyond



Home beautification and remodel projects happened at several homes to ensure safety, functionality, and coziness.

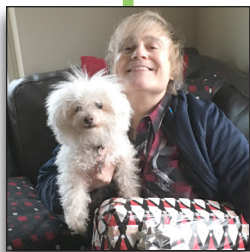
09 | SEPTEMBER



photo credit: Statesman Journal

The 2nd annual Capital City Cornhole Classic raised \$11,000.

12 | DECEMBER



Donors ensured that 71 individuals with disabilities, who would not have otherwise, received holiday gifts.

03 | MARCH



Over 300 people -- nearly triple the number of previous years -- attended Shangri-La's Accessible Egg Hunt.

04 | APRIL



Shangri-La's Board of Directors announced Janet Yousey as Shangri-La's new CEO.

04 | APRIL



Founding family member Dorothy Monnier spoke at Shangri-La's Better Together fundraising luncheon which raised over \$17,000 to help Shangri-La honor choice for each person served.

06 | JUNE



Shangri-La hosted its 3rd annual Community Wiffle Ball Game. Over 180 community members of all abilities showed up to play or cheer.

2018

DONOR-FUELED RESULTS

100% of these donor-fueled funds directly benefit individuals-served.

As a result of contributions to these funds, in the past fiscal year, Shangri-La was able to:

- Respond to **33 requests** for medical, transportation and personal care assistance.
- Help **93 individuals** with no or limited income access educational, cultural or community access opportunities.
- Provide **GED assistance to 27 parents** working to overcome their barriers to employment and achieve greater self-sufficiency.

Jan Kral
Legacy
Scholarship Fund
\$9,519
Educational, cultural or community access opportunities.

Louise's Shoe
Assistance Fund
\$1,325
Medical, transportation and personal care assistance.

100 Wishes
Fund
\$5,433
Unique, one-time opportunities and needs.

Harms Home
Repair Fund
\$2,300
Home beautification and minor repair projects.

gratitude

I have officially passed my test for math, and it was the last test I needed to take, so now I have my GED.

Second, to the birth of my son, this is the best day of my life and my self-confidence is higher now. I am so thankful for your

support. You are all amazing people to be able to change people's lives.

- Sierra

Youth and Family Services
Program Participant and Jan Kral
Legacy Scholarship Recipient



gratitude

“ I cannot express my gratitude to everyone that helped me get back on the road. I would never have been able to afford the [car] repairs on my own.

I am still having a hard time believing that people and organizations do nice things because it is the right thing to do. In my lifetime and my experiences that has never been true before. ”

– Diana

Housing Assistance Program Participant
and Louise's Shoe Assistance Fund Recipient

PROJECT IMPACT FINDINGS *continued from page 4*

Finding #7: Over the Hurdle

Key Insight: The data revealed that many program participants acknowledged the barriers that stood in their way of being successful, yet the actions needed to overcome the obstacles were not occurring. The continued conflict between the acknowledgment of barriers and the lack the commitment to act may be caused by fear, a lack of confidence, being afraid of failure, or challenges related to physical and mental health.

Finding #8: Bounce Back Philanthropy

Key Insight: Despite program participants having experienced extensive hardships, the data revealed that many program participants are showing a level of resiliency that results in a broad spectrum of philanthropic aspirations and activities. Researchers inferred that this finding was significant because it demonstrated that participants are making meaningful contributions to their communities.



Give. Activate. Join.

We are better together. Connect with us to learn how you can support current needs or invest in building an inclusive future.

DONATE ONLINE:

www.ShangriLaOregon.org

DONATE BY MAIL:

Shangri-La
4080 Reed Road SE #150
Salem, Oregon 97302

CALL: 503-581-1732, x328

EMAIL: community@shangrila-or.org

Activate your social networks to help create communities where all people are accepted for their abilities.

www.facebook.com/shangrilacorp
instagram: @shangrilaoregon

Shangri-La employees and volunteers enrich thousands of lives each year. View current employment and volunteer opportunities on the Shangri-La website.

Board of Directors

Officers

President: Nick Bender, IT
Project Manager at
Bonneville Power

Vice President: Jan Frank,
owner of West Salem Ace
Hardware

Secretary/Treasurer: Nicole Titus, owner of IpseNault Co.

Board Members

Dan Gilmour, owner of
Gilmour Construction

Michael Kemry, realtor at
Harcourts NW Oregon
Realty Group

LeeAnne Gilmour, business
development officer at
Citizens Bank

Winifred Ju,
licensed
psychologist

Chad Kerlegan, marketing
director at ServPro of West
Salem

Ross Stout, director of
campus safety at
Willamette University

