

Shangri-La Life

FALL 2017 | NEWSLETTER

Donald isn't leaving his success to chance; he's leading the charge

Motivated. Dedicated. All-around great guy. Donald, a former participant in Shangri-La's Employment Services Program, is one of those people who doesn't just shoot for the stars; he is a star.

Donald had been with the employment program at Shangri-La on-and-off since he graduated from high school over ten years ago. While with Shangri-La, he learned skills while working at Shangri-La's woodshop in Toledo and as a member of the grounds maintenance and janitorial crews. During his time at Shangri-La, he demonstrated that he was an excellent worker who was very self-motived.

So, in true Donald style, he decided to chart a course to gain community employment. Donald is excited to say that he recently

obtained a full-time position at Nava's Market and Shell Station in Depoe Bay.

But it doesn't stop there for Donald. In addition to making his career goals come true over the last several years, he has also been going to school on-line for about seven years. He is also only two classes away from graduating with his Bachelor of Science in Liberal Studies from Portland State University.

When asked what he had learned from his time with Shangri-La he stated, "I have learned a lot of patience, how to give back to my community and leadership skills."

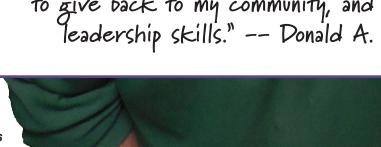
"Donald always asked for more opportunities to advance his skills," said Shawn Martin, Donald's supervisor while at Shangri-La. While at Shangri-La, he also learned teamwork, good work habits and handling money -- all skills that are helping him be successful in his cashier and attendant position at the market.

As with any new job, Donald is also having to overcome new challenges and learn new skills. Most of his coworkers at the market are Spanishspeaking, so Donald is having to learn new ways to communicate. He says he is enjoying the challenge, though.

Is this as good as it gets for Donald? Of course not. He said he is looking for more permanent employment with benefits and "is keeping his options open".

Learn more about how Shangri-La is helping individuals with disabilities achieve employment goals at www.ShangrilaOregon.org

"I have learned a lot of patience, how to give back to my community, and leadership skills." -- Donald A.





grows; fuels

Shangri-La

mission for a

second year

The popular summer lawn game, cornhole -- named for the dried corn that is traditionally used to fill the bags -- was, for a second year, the platform for Shangri-La's annual fall fundraiser.

Held on Saturday, Sept. 9, on the lawn of the state capitol building, the Capital City Cornhole Classic, presented by **Salem Ale Works**, featuring 30 lanes of cornhole boards and 300 cornhole bags hosted over 50 players competing in roundrobin, double elimination, and rule-breakers divisions.

New this year was the Capital City Cornhole Classic Cornhole Challenge Course sponsored by **Pioneer Trust Bank**. Attendees put their cornhole skills to the test at five stations including a long toss (1.5 times the standard

throwing distance), a tiny toss (cornhole board not bigger than a piece of paper and bags the

Winners of the doubleeliminiation bracket show off their prize packages



Competitors in the rule breakers division.

size of a quarter), a no-look toss, a reverse toss (board going the opposite direction) and an opposite-hand toss.

So, why cornhole? "It seems like every non-profit has a gala, auction or a 5K run. Shangri-La, as a new player in the Salem-fundraising scene, would have a hard time competing with those established events," said Ashley Erb, Shangri-La's Director of Community Engagement. "We wanted a fundraiser that brought something new to Salem. Plus, cornhole

is a very accessible game, regardless of age or ability, and that aligns with our mission."

Funds raised from the event have already been put to work providing GED assistance to local parents, community access assistance to people with

access assistance to people with mental illness, and funding home repair and beautification projects for numerous homes serving people with disabilities.



Brent Furby tries his luck at the cornhole challenge course.



All of the materials needed for the tournament are either made by volunteers or on loan from players and sponsors.

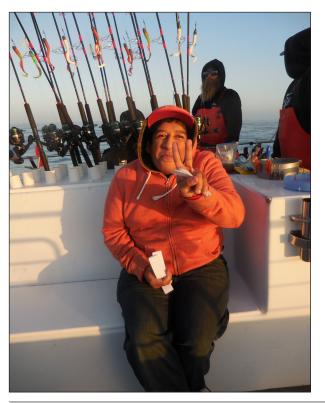
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Accessible boat welcomes persons-served to the open waters of the Pacific ocean

Daniel Waine loves fishing. While working with people-served as a quality assurance liaison for Shangri-La, Daniel learned that he wasn't the only person who loves fishing.

Wanting to plan a deep sea fishing trip for the individuals he supports who are also interested in fishing, he started researching options and found that Dockside Charters, out of Depoe Bay, has a wheelchair accessible boat in their fleet.

"One of the Dockside Charter captains was in an accident that left him paralyzed from the waist down," explained Vanessa Garrison, another Shangri-La quality assurance liaison. The accessible boat ensured the captain was able to keep fishing despite his accident. "The owner was captain of our boat. He and the crew were fantastic with all the individuals."

The charter left Depot Bay with 10 persons-served and 4 support staff. "I caught two fish at once," exclaimed Mike, a person-served. Despite a few sea sick situations, the general sentiment among the group was that adventure was well worth it. However, there were mixed reviews on whether deep sea fishing would be something they would want to do again.

"Never again," proclaimed Steve with a grin. "But I had fun."

"When are we going fishing again?" asked Jimmy, another person-served.



Wells Fargo's TP challenge fills Care Cabinets

Employees at the Wells Fargo Call Center in Salem collected and donated nearly 1,500 rolls of toilet paper over the summer.

The TP supports Shangri-La's Care Cabinet Project will provides basic personal care and household items to families in Shangri-La's Youth and Family Services Program.

"We held a competition in our building to see who could collect the most TP, and we had so much fun doing it," said Jessica Lavery, branch manager.

Did you know food stamps do not cover basic essential household items like toilet paper?



Neighbors, local law enforcement join National Night Out festivities

On Tuesday, Aug.1, over a dozen Shangri-La homes hosted National Night Out parties. Held annually, National Night Out is a community-building campaign aimed at increasing neighborhood camaraderie and promoting neighborhood safety. Shangri-La uses the opportunity to help build a greater understanding among neighbors about the people with disabilities living in their neighborhood.

Neighbors and members of local law enforcement offices showed up at the various neighborhood parties and enjoyed a walking taco bar or lemonade bar.

It was one of the hottest days of summer - 101 degrees in Salem -- so many sites also enjoyed squirt gun battles, water balloon fights or some good old fashioned running through the sprinklers.



SANTA IS WATCHING. MAKE THE NICE LIST.

Do your holiday shopping on Amazon and 0.5% of the price of your eligible AmazonSmile purchases will be donated to Shangri-La.

Same Amazon products, prices and service.

Start your Amazon shopping at: smile.amazon.com, select Shangri-La Corporation as your charity during check-out.

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Mission
Serve people with disabilities or disadvantages so they recognize and achieve their full potential.

We're thankful because of you.



In May, Shangri-La held its first *Better Together Fundraising Luncheon* in Salem. The experiential lunch was attended by over 200 people. Attendees learned how Shangri-La provides person-centered supports -- everything from altering the consistency of food to helping local parents provide a better life for their families.

Shangri-La would like to extend our gratitude to Managed Healthcare Pharmacy, Wells Fargo Insurance Services, Citizens Bank, Security Monster, Salem Convention Center and Columbia Bank for ensuring that all of the money raised at the event was able to support individuals served by Shangri-La.

------ Thank You Better Together Luncheon Greatest Need Givers

Lorissa Addabbo Allan and Dolores Bacheller DonnaBaker Nick Bender Gretchen Bennett Mike Bennett Helen Berry Michael Brittingham Chris Broncheau Steven Broncheau Dennis and Janice Brown Kathleen Kelly Burrell Lindsay Cantrell Gail Case Mary Chance Jennifer Collins Columbia Bank Cvnthia Condon Peter Courtney Greg and Holly Crawford Sharon Cresalia Soraida Cross Britni and Nick Cruickshank Roger and Jean Davidson Tracey Davis Tammy Dennee Cinda Conroyd

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Steve Ross

Thank you to these donors whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents donors who contributed between May 1 - October 31, 2017.

Better Together Monthly Giving Community

Karen Beach Christine Bertsch Andrea Cogburn Donna Cote-Welch Holly Crawford Ronald and Marlene Carpani Molly Cunningham Fred Duckwall Ashley Erb Charles and Jan Frank Julia Frisbie Michelle Furman Kelli Flynt Dan and LeeAnne Gilmour Jennifer Grav **Thomas Hamm** Helen Honey Winifred Ju Chad Kerlegan Jeanette Merrick Joyce McFarland Jenifer McIntosh Lisa Miller Kendra Morgan Tarah Murfin Tiffani Olsen Margie Paulson Holly Pharms Colleen Plott Nicole Titus Christel Turkiewicz Ronald and Joanna Stout Ross Stout Kathy Sewell David Karen Rutledge Dan and Robin Winkle

Capital City Cornhole Classic Partners

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Cookies and Crafts Series Partner

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Greatest Need & Wish List Givers

Chipotle - South

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David Sloves

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Get in Touch

Salem 503-581-1732

Newport 541-265-4015

Florence 541-997-8028

Eugene 541-344-1121

Website shangrilaoregon.org

Community Engagement Office 503-581-1732, x328

If we have inadvertently neglected to thank you, please let us know so that we can acknowledge your generosity in our next newsletter.

If you no longer want to receive the Shangri-La Life Newsletter, just let us know. We will take you off our mailing list.



Janet Yousey

BRIGHT IDEA

Like us on Facebook (fb.com/shangrilacorp) or follow us on Instagram (@shangrilaoregon). Our daily posts are sure to be a bright spot in your day during these winter months.

SPOTLIGHT ON VOLUNTEERS

More hands. More heart.

Thank you to these volunteers whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents volunteers who contributed time between May 1 - Oct. 31, 2017.

Capital City Cornhole Classic Event Support

Donna Cote-Welch Sophia Abegglen Anna Landgren Mike Dominguez Aalicea Dominguez Jan Frank **Emmy Kuniy** Alexa Gabriel Ashleigh Bickh Holly Peterson Manuel Marcos Tarah Murfin Devon Murfin McKenna Musket Lvdia Savelli Nicole Kates Alayna Newland Anabel Ohsman Zoe Young Naomi Meyerson Sylvia Marr Sarah Connor Clare Whetzel Jonathan Hitchbrock Whitney Widsia Aimee Hall Alicia Hall Alexandra Spencer Sara Thomas Celia Holiman Jeslyn Pool Jeffrey Larson Nikolas Carter Aaron Imig Kenny Purnell Collin Lamping

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Diane Young
Jessica
Kennedy
Gerry Blakney

Shaelie Burgess

Hannah Brumage

Hannah Shuholm

Stephanie Hartman

Kristina Van Nuys

Jessica Driver

Amelia Muller

Rosi Thomas

Rita Miller



Stocking Stuffer Toy Donation Sorting

Students from Tokoyo International University:

Saori Yamamoto Victoria

Mohtes-Chan Mana Anzawa Daiki Shimizu Tuzuha Izawa Azusa Atsumi Kiku Suzuki Luisa Williams Nanami shimura Kigo Tamoka

First Aid Kit Production

Linda Olson Stephanie Hartman

Postage Pals

Ashley Llarena Bianca Llarena Hanna West Nicole Gittleman Kara

Bandyopadhyay Margaret Renfro Sharon Larsen Emily Dehmer Stephanie Hartman

Sidekick for Greg Jim Best

MH Support Companion

Saffron Hunter

LEAP Enrichment Companions

Michia Case Else Ellens

Practicum Students and Interns

Sheryl Haney Rita Miller Brittany Chaney Nathan

Vanderworker

End of Summer Picnic Helpers

Wells Fargo Employees:

Pamela McLean Melinda Guerra Duc Nguyen Megan Boyden Patric Bernardo Matthew Gillette Jeff Schneider Mary Hardman **Bethany Aurand** Romeo Beard Doug Seidlitz Lane Baer Haley Jones Devin Ownby Monte McConnell Thomas Hymers Robert Meyer Kimberly Young Annette Galicia Diane Peters



Stocking Stuffer Sorting & Care Kit Creation

Wells Fargo Employees:

Maritsa Garibay Marisol Castaneda Laura Storin Lacy Campbell Christine Reaves Guadalupe Hymers Maxamillian

Chapman
Matthew Weirup
Cynthia Gonzales
Alexandria Bice
Desiree Davis
Luis Olea
Jeffrey Mina
Mary Salas
Dulce Chavez
Janet Guerrero
Kimberly Dunn
Mayra

Miranda-Texta
Sandra MirandaTexta
Drusilla White
Diane Peters
Annette Galicia
Jessica Lavery

Harvest Dance Event Support

Liu Chaoyikui Michael Kennedy Crystal Noblett Sarah King

Delta Gamma "Do Good" Week

Mallory Kennaday Sydney Smith Nina Dabit Sky Blaw Brenna Anderson Ivy Bakeman Joelle Patricio

Birthday Wishes Fairies

Heidi Frederick Hannah Shuholm Cindy Jackson Ashley Llarena Jordan Ehle Thea Sanchez Traycy Moore









Second annual community wiffle ball game a home run for all abilities

Some traditions take awhile to really get going. It doesn't look that will be the case with Shangri-La's annual community wiffle ball game. Participation and community support doubled this year -- and it's only the second year.

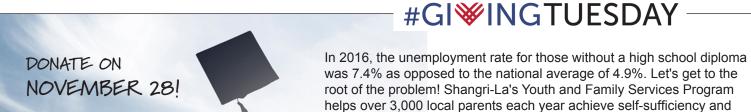
Held each year at the Betty Wheeler Memorial Field in Newport, the annual event provides an opportunity for people with and without disabilities to engage through a friendly-competition wiffle ball game.

This year's event was supported by **Police Chief Jason Malloy** and his on-duty officers, **Newport Fire Chief Rob Murphy** and a few of his firemen, and 20 little leaguers from the **Newport All-Star team**.

The players looked like professional ball players in their jerseys, which were loaned to Shangri-La for the day from **Special Olympics in Newport**. Thanks to a grill on loan from the **Newport Baseball Association**, all attendees enjoyed a ball park lunch of hot dogs and chips.

Shangri-La would like to thank our wonderful volunteers **Steve Magurno**, **Else Ellens**, and **Shelby Camerer** for their help in making the event run so smoothly!

We would also like to thank our event partners JC Market in Toledo, Newport McDonald's, McMenamins Lighthouse Brewpub, Local Ocean Seafood, and Mariner Square. We couldn't have done it without you!



MAKE YOUR DONATION AT:

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Not having a GED is one of the reasons why many of these parents are unable to gain employment and provide the resources their families need.

Join us on #GivingTuesday (November 28) to help 10 local parents served by Shangri-La's Youth and Family Services Program get from classroom to graduation to a better life for their family.

Your donation will support the following:

ignite a healthy, positive future for their families.

\$15 - GED placement fee

\$40 - 1-subject GED test fee or online prep course

\$70 - In-person GED class

\$152 - 4-subject GED test fee

SUMMER/FALLHAPPENINGS



Total Eclipse of the Heart

Several Shangri-La homes participated in viewing the August 21, 2017 total solar eclipse in Oregon.



Creative Costumes

The valley harvest dance was once again one of the year's best events. Costumes ranged from spooky to magical and humourous.



Fair-ly Great Day

Thanks to donor support, Amber was able to celebrate her birthday with friends at the Oregon State Fair.



Stars in their Field

Linda and Alex were honored by the Oregon Resource Association with a Works of Heart award for their outstanding work as Direct Support Professionals.



Family Time

Families of individuals served through Shangri-La's coastal programs were invited to a Family First event in August. Bocce ball was the highlight!



Summer's Bounty

Larry took advantage of Oregon's abundant blackberry bushes and enjoyed these tasty summer treats.



Powered by Great People

Employees were invited to participate in a variety of harvest activities at an employee appreciation day in October at the Airlie Hills Harvest Festival.



Part of the Team

Jordan had a great time at Sodexo Food Services's annual employee day. Jordan works in the lunchroom at a school on the coast.



Fall Foliage

Mark was all smiles during his leisurely stroll through the beautiful fall trees in November.



Welcome Aboard

In October, Shangri-La held a hiring event at the Salem Office. Thirteen applicants received job offers during the event!



Summer Reunion

Current and former Youth and Family Services employees reconnected at a summer picnic in June.



Excellence in Action

Shangri-La's volunteer coordinator, Paige Gorry, was named Outstanding New Volunteer Administrator by a local volunteer managers association.