

# Shangri-La Life

FALL 2018 | NEWSLETTER



## ‘Shangri-La Rocks’ bring cheer to coastal communities

Shangri-La's Newport-based Life Enrichment Activities Program's (LEAP) newest community venture is bringing color and positive messages in the form of painted rocks to several coastal towns.

“Shangri-La Rocks” was the idea of Tracy Mitchell, a LEAP support team member, who thought the painted rock project would be a great way for LEAP participants to practice tactile skills and engage with their community while out hiding rocks.

“I am surprised and happy at how this activity brought some of our participants out of their shells. They are owning [the process from start to finish],” said Tracy.

The group meets regularly at a space provided by the **Newport Eagles Club** to paint the rocks. Then, on a weekly basis, the group ventures out to various community locations to hide the rocks.

“I like the painting and the hiding,” said LEAP participant Larry. He later suggested that the group should advertise where people can find their rocks on the radio.

Rocks will continue to be hidden at various locations in Newport and surrounding communities. The Salem-based LEAP eventually hopes to start this project as well.

If you find a Shangri-La rock, the group would love to see you post a picture of it to Shangri-La's Facebook page ([www.fb.com/shangrilacorp](http://www.fb.com/shangrilacorp)).







# Capital City Cornhole Classic fundraiser brings together all ages, all abilities for friendly-competition

Shangri-La and **Salem Ale Works** were once again proud to partner for the third annual Capital City Cornhole Classic (CCCC) fundraiser on Sept. 8.

Played on the lawn of the State Capitol in Salem, the tournament hosted 23 teams in the double-elimination division and 20 teams in the round-robin division. Players from Oregon, Washington and as far away as California joined the fun.

"It is one of the best tournaments I've played in," said Brian Gooley, first time Capital City Cornhole Classic competitor. "It had incredible volunteers, awesome prizes and a great family atmosphere. I could not think of a better way to spend a Saturday afternoon."

*"It's one of the best tournaments I've played in."*

Brian Gooley,  
first time CCCC  
competitor

"It's for a great cause," said Joe Ross, a third-year CCCC competitor and organizer of the Cherry City Cornhole league. "The company where I work serves a lot of Shangri-La clients. I get to see how much of an impact that this event has on their lives! Volunteers and and sponsors -- keep up the great work. You put on one heck of a tournament."

Players and spectators could also try their luck at the **Pioneer Trust Bank Cornhole Challenge Course** which featured challenges such as the airmail toss in which a player must toss the bag in the hole without touching the board.

The tournament raised \$10,000 to support Shangri-La programs.

## Thank You Event Partners



- Ace Chemical Toilets
- Camp Dakota
- Capitol Auction & Estate
- Cascade Sound
- Wilco Farm Stores
- Dutch Bros
- IpseNault Company
- MaMere's Guest House
- West Salem Ace Hardware
- Winkle Construction
- LifeSource Natural Foods





Newport Police Chief Jason Malloy throws a pitch for Jordan during the 2018 community wiffle ball game.

## Game helps build understanding between community members

Shangri-La's annual community wiffle ball game, co-sponsored by the **Newport Police Department**, was held on July 20, 2018, at the Betty Wheeler Softball Fields in Newport.

The event is open to all community members and aims to help build inclusive communities by giving opportunities to establish greater understanding between people with and without disabilities and local law enforcement in a fun and welcoming environment.

In its third year, the event grew to feature two games and hosted over 50 players and 35 cheering fans of all abilities.

Players from the **Newport All Stars Little League team** and on-duty officers from the Newport Police Department joined to play, coach, and cheer.

Over 20 volunteers supported the event, including **Pastor Glenn Small**, announcer for Newport High School athletics, who announced each player as they came up to bat.

"The event just gets bigger and more fun every year," said **Newport Police Chief Jason Malloy** who served as an umpire during much of the game.

Many thanks to event partners: **JC Market in Toledo, Chester's Thriftway** and **Special Olympics**.



Shangri-La founding family member Dorothy Monnier talks with luncheon attendees about the early days of Shangri-La and how her son, Craig, has been part of the Shangri-La family since he was a child.

## Better Together luncheon attendees make choice to support others in reaching their full potential

'Personal choice' was the theme of Shangri-La's 2018 Better Together luncheon held on May 24 in Salem. Luncheon attendees learned about how Shangri-La empowers the individuals they serve to make their own choices, and how the importance of honoring choice has always been part of Shangri-La's core beliefs.

"We started to realize that we could choose to create something that would give our children a better life," recalled Dorothy Monnier, Shangri-La founding family member about Shangri-La's early beginnings.

Many thanks to event partners: **Nonstop Wellness, Managed Healthcare Pharmacy, USI Insurance Services, Valley Credit Union, Salem Convention Center** and **Modern Woodmen of America**.



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Mission  
Serve people with  
disabilities or  
disadvantages so  
they recognize and  
achieve their full  
potential.

# We are encouraged because of you.

*Thank you to these donors whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents donors who contributed between May 1 - October 31, 2018.*

### Better Together Monthly Giving Community

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### Capital City Cornhole Classic Partners

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Janet Yousey



A portion of a contribution from **Nonstop Wellness** went to support Shangri-La's harvest carnival party in Newport. The event was planned by participants in the Life Enrichment Activity Program and Coastal Employment Path Program.



Employees at **SolutionsYes** raised \$500 for Shangri-La through an employee fundraiser which was matched by the company's president. The total donation was split to support the 'Thankful for Friendly Faces Social' (pictured above) and community access scholarships.

## Better Together Luncheon Supporters

### Event Partners

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Mary Gaines  
Bailie Gilmour  
Gayle Gilmour  
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Gilmour  
Gayle Goschie  
Jennifer Gray  
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Jim Gustin  
Lee Gwyn  
Harlow & Rita Harris  
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Catheryn Ingalls  
Eric Jacobson  
Amy Jauron  
Jane Jones  
Melanie Jones  
Tami Ju  
Michael Kemry  
Judy Kennedy  
Shawn Lapof  
Michelle Leach  
Rivera  
Martha Lind  
Log House Garden at  
Willow Lake  
Edwin Lugo  
Heidi and Jeremy  
Mackay  
Bridgett Marlatt  
Teri Marsh  
Megan Martin  
Jennifer McCormick  
Lisa Miller  
Leah Mirelez  
Christine Morgan  
Karen Morgan  
Reine Morris  
National Interpreting



Thanks to a fundraiser held by  
the **Willamette Valley Wedding  
Professionals** Shangri-La now has  
\$715 dollars to kick-start the 2019  
Accessible Egg Hunt!

Service  
Mike Niebur  
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Roger O'Harra  
Tiffani Olsen  
Joseph and Elizabeth  
Pelletier  
Allen Pfeiffer  
Colleen Phillips  
Sandra Post  
Cathy Rayner  
Mary Rentfro  
Shirley Richards  
Laurie Rosborough  
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Katherine Roy  
Kirk and Karen  
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Ray Scott  
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Center - West  
Salem  
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Mangum  
Pence NW  
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Claudia Vorse

## Greatest Need Givers

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Linda Coffman  
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Theater Pub  
Alan Frazier

Douglas and Beth  
Ness  
Kathy Steele  
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## Harms Home Repair Fund Supporters

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## Community Wiffle Ball Game Partners

Chester's Thriftway  
JC Market - Toledo  
Special Olympics

## Get in Touch

Salem  
503-581-1732

Newport  
541-265-4015

Florence  
541-997-8028

Eugene  
541-344-1121

Website  
[shangrilaoregon.org](http://shangrilaoregon.org)

Community  
Engagement Office  
503-581-1732, x328

If we have  
inadvertently  
neglected to thank  
you, please let us  
know so that we can  
acknowledge your  
generosity in our  
next newsletter.

If you no longer  
want to receive  
the Shangri-La Life  
Newsletter, just let  
us know. We will  
take you off our  
mailing list.

# Spotlight on Volunteerism

More hands.  
More heart.



## Meet Volunteer Christine Young

Christine is pursuing a degree in Psychology at Corban University. During her 150-hour internship at Shangri-La she has supported Shangri-La's Outpatient Mental Health Clinic and Housing Assistance Programs.

"Both programs have given me hands-on opportunities to see how each program operates and assists clients in achieving their goals. The clinic staff has allowed me to be a part of their meetings and help me understand some of what it takes to successfully operate a clinic," said Christine about her internship experience.

"This [opportunity] has given me the hands-on experience that is so important in understanding how Shangri-La's clients are served and the vital role each person here has in making a difference in the client's lives." *Thank you Christine for your service!*



Learn more about  
Shangri-La Volunteer  
Opportunities at  
[www.ShangriLaOregon.org](http://www.ShangriLaOregon.org)

*Thank you to these volunteers whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents volunteers who served between May 1 - October 31, 2018.*

### Capital City Cornhole Classic Event Support Team

Vicki Caldwell  
Nick Bender  
Winifred Ju  
Emily Guimont  
Gerry Blakney  
Tarah Murfin  
Devan Murfin  
Taya Cody  
Elizabeth Cook  
Jessie Evans  
Gregory Gandy  
Laura Kelly  
Surya Lee  
Amelia Maass  
Shione Mochizuki  
Kara Poptean  
Allison Silverstein  
Ronald Victor

### Accounting Support

Tiana Nisly

### Interns & Practicums

Christine Young  
Marcy Hendricks

Kianna Voigt  
Audrey Alderete  
Olive Bender  
Michelle Brown  
Eric Brown  
Jake Brown  
Noah Brown  
Jessica George  
Andy Haka  
Jordan Kuga  
Allison Watson  
Mike Dominguez  
Rick Burnette  
Tiana Nisly  
JD Welch  
Leeanne & Dan  
Gilmour

### Pet Companion

Dawn Harden with  
Imagine (the dog)

### Summer Picnic Support Team

Ashley Habersaat  
Maria Gasca  
Guadalupe Hymers  
Karen Cardosa

### Housing Sidekick

Sandra Olson  
Thelma Gentry

### Newport Harvest Carnival

Carleene Iverson  
Eric Worthey  
Monica Hane

### Holiday Wishes Ornament Team

Philadelphia Insurance  
Employees:

Jill Castillo  
Tracie Gnam  
Andrew Swearingen  
Leah Cardoza  
Emily Snyder  
Haley Knesal  
Jamie Mckenzie  
Chad Koenig

### Birthday Wishes Fairies

Heidi Frederick  
Thea Sanchez  
Tracy Moore

### Social Club Support

Alena Harvey  
Samantha Hendren

### Administrative Support

Patricia Lentz

### Newsletter Production Support Team

Wells Fargo  
Employees:

Diane Peters  
Desiree Davis  
Mary Salas  
Willie Kennedy  
Danielle Nevenzel  
Bryan Fraenza  
Alice Donald  
Zach Taylor  
Leah Huhn  
Ashly Meads  
Deb Irish  
Christine Collins  
Jessica Angulo  
Matthew Martichuski  
Christopher  
De La Torre  
Seana Murphy  
Venny McCool  
Karen Davis  
Cristyna Wiggins

### 'Cares Day' Personal Care Item Sorting Team

Cynthia Ramirez  
Wakana Yamashita  
Mikuya Kudo  
Hikayu Ichigi  
Megumi Iijiro

### Annual Report Production Team

Willamette University  
Students:

Rosalind Fraser  
Yu Kinoshita  
Yuto Nasu  
Tomoka Murai  
Sarah Munk  
Sergio Thompson  
Francesca McClure  
Carter McMahon  
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Annie Fritz  
Lucy Owens  
Grant Starr  
Adam Adame  
Noah Dantes  
Nathan Howard  
Emily Foster  
Camille Gibney  
Rose Bergmann  
Sophie Bunch  
Bella Medina  
Shawn Cichosz  
Ruka Saito





## Shangri-La's 'Works of Heart' nominees embody mission

Shangri-La's direct support professionals work each day to ensure the health, safety, and enrichment of over 340 individuals with intellectual or developmental disabilities served by Shangri-La.

So when the time of year comes for the annual ORA Works of Heart awards, Shangri-La managers take the opportunity to recognize those direct support professionals that go above and beyond.

ORA's Works of Heart nominees are direct support professionals who warrant recognition for advocating for community inclusion, enhancing community participation, and instilling leadership among their peers.

This year, Shangri-La had 20 nominees and two winners of the prestigious award.

"I think every organization had one winner," recalled Hilda Martinez, one of the award winners. "But Shangri-La was the only organization to have two winners."

"It was like my heart dropped to my feet and came back up again," said Jazmin Hernandez about the day she found out she had won the award.

On Nov. 2, Shangri-La held a ceremony honoring all of the nominees. Each person received a trophy and a framed copy of their nomination letter that listed the accomplishments their supervisor had highlighted for ORA's consideration.

*"It was like my heart  
dropped to my feet and  
came back up again."*

Jazmin Hernandez,  
Works of Heart Winner



Jane Allen, pictured right middle, holds the 'Employment First' award she received at the annual APSE conference.

## Salishan Resort recognized for inclusive hiring

Jane Allen, HR Manager at Salishan Resort, was recently recognized by the Association of People Supporting Employment First (APSE) for being a champion of inclusive workplaces and competitive employment for people with disabilities.

Jane has hired four job seekers with disabilities supported by Shangri-La to work at Salishan, she coaches her department managers on how to build inclusive environments, and she shares her experience with other community businesses.

In addition to hiring individuals with disabilities, Jane works with Shangri-La to offer job shadowing opportunities to individuals interested in working in the hospitality industry so they can decide if the work is something they want to pursue as a job.

A special  
thank you to



for contributing \$4,000 to support  
GED scholarships for parents working toward  
self-sufficiency supported by Shangri-La's Youth  
and Family Services Program.



# SUMMER/FALL HAPPENINGS



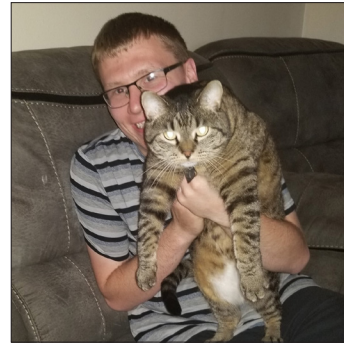
## History Books

Sandi, a long-time Shangri-La employee, helped document Shangri-La's history at a summer photo archive party.



## Lego Success

Fred placed second in the Lego competition at the Oregon State Fair.



## Cats of Shangri-La

Shangri-La celebrated National Cat Day with photos of our furry friends. Check out Tyler and Abbie. See the full album on Shangri-La's Facebook page.



## Baskets of the Basics

Participants in Shangri-La's Housing Assistance Program received baskets of household essentials at the program's summer social.



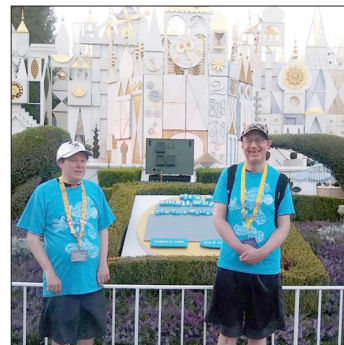
## Seeing Stars

Nancy was all smiles when she met actor Joey Zimmerman who played Dylan Piper in the movie 'Halloweentown.'



## Wedded Bliss

Jeanne and Willie celebrated their 40th anniversary in September.



## Goofy Adventures

Brian and Robert enjoyed their summer adventure to Disneyland.



## National Night Out

Giant bowling was just one of the many games Shangri-La offered to guests at our National Night Out parties.



## Happy Campers

T-shirt painting was one of the most popular activities at Shangri-La's annual summer camping trip.



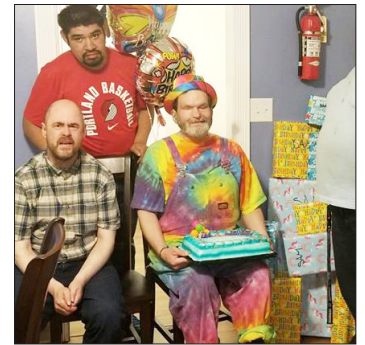
## Cool Dudes

Dean and Joe were two cool dudes at the Mental Health Housing Program's summer picnic.



## Inclusion Works

Nick started his first day of work stocking shelves at 7-Eleven.



## Groovy Birthday Vibes

Sam celebrated his birthday with friends in head-to-toe tie dye and a cake to match.