



We believe in having a strong sense of adventure. See page 4!

Shangri-La Life

SPRING 2017 | NEWSLETTER



Leah finds perfect job at children's camp on coast

Leah, a participant in Shangri-La's Community Employment Services Program, recently started working at **B'nai B'rith**, a children's camp in Lincoln City.

The camp provides 10 weeks of activities for over 350 children in the summer. Leah is working in the kitchen area helping prepare for the summer programs.

"I am so happy here. The environment is wonderful -- peaceful and steady," said Leah.

Prior to this job, Leah was working at a retail outlet. She found that she didn't thrive in that environment. She prefers the atmosphere and skills she is learning at B'nai B'rith. Leah has received positive feedback from her supervisor, Becci Bazen, head chef at B'nai B'rith.

After the busy summer months, Leah will continue to work at B'nai B'rith and help with private events held during the winter months.

Shangri-La's Community Employment Services Program provides employment supports to job seekers with disabilities.

Accessible egg hunt fun for all ages

Shangri-La held its third annual Accessible Egg Hunt on Saturday, April 15 at **Log House Garden** in Keizer. The venue space for the egg hunt was donated by owners John and Lanora Blake.

"Shangri-La is near and dear to our hearts because they have provided employment for 12 years to our daughter Molly. She works at Cherry City Woodshop and loves her job," said Lanora.

The Log House Garden venue is ideal for the Accessible Egg Hunt because it provides both grassy and hard surface spaces; making the fun accessible for all

in attendance.

Volunteers from **Salem Electric** helped individuals from Shangri-La's Life Enrichment Activities Program fill around 3,000 eggs for the event. Eggs were filled with candy, coupons to local businesses and raffle tickets for prizes donated by local businesses.

A huge thank you to our Golden Egg sponsors: **Salem Electric, Wilsonville Family Fun Center** and **Sonic**.

See page 3 for a full list of Accessible Egg Hunt sponsors!

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Thank you donors and volunteers!

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Rockstars, shamrocks and fairies, oh my!

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Mission
Serve people with
disabilities or
disadvantages so
they recognize and
achieve their full
potential.

Cookies and Canvas: the perfect creative combination

Story by: *Tarah Murfin*
Community Engagement Intern

Shangri-La and Newport-area artists, **Kay Klose** and **Heather Fortner**, teamed up on May 17 to host the first Cookies and Canvas event in Newport.

Held at **Oceanview Senior Living**, the Cookies and Canvas event allowed senior citizens and individuals-served by Shangri-La the opportunity to engage with each other, learn new skills and benefit from the creation of art.

Klose was introduced to Shangri-La through a connection with Teri Marsh, Shangri-La's Employment Services Director. Kay has a history of bringing art to people with disabilities and the homeless.

About 30 individuals participated in creating vibrant leaf imprints with real leaves. Many of the individuals were thrilled to take their artwork home to display. Paula, an individual-served through Shangri-La, was excited to use her artwork as a card for her mother. Everyone in attendance also enjoyed a variety of cookies made by the Newport Life Enrichment Activities



Pancakes for People event raises funds for Shangri-La

Shangri-La's first annual Pancakes for People event was held on April 22 at the **Newport Elks Club**.

The event raised over \$400 for Shangri-La programs. Individuals-served by Shangri-La volunteered to help with cooking, serving and table bussing.

Thanks to these sponsors, all revenue from sales went directly to support Shangri-La programs: **Pig N Pancake**, **Safeway**, **Cash and Carry**, and **Newport Elks Club**.



Program.

"I would really love the chance to do more events like this!" said Klose. Shangri-La hopes to offer the Cookies and Canvas events a few times a year.

New office in Eugene provides space to meet program needs

In order to meet the needs of Shangri-La's ever-growing mental and behavioral health services programs based in Eugene, Shangri-La recently moved into a bigger office space in south Eugene.

Shangri-La is sharing the space with the **HIV Alliance**, a non-profit founded to provide HIV prevention and support people living with HIV/AIDS. The HIV Alliance owns the building and approached Shangri-La about sharing the space.

The new office boasts a reception area, conference room, six office spaces and ample parking for employees and clients.

"The space not only meets the needs of our employees and growing program," explained Alisa Walker, Mental Health Services Director, "but it is also a more welcoming environment for the people we support."

Shangri-La's new Eugene office is located at 1195 City View St., Eugene, Oregon, 97402. The Eugene office can be reached at 541-344-1121.

Shangri-La is better because of these awesome people.

Better Together Monthly Giving Community

Karen Beach
Ronald and Marlene Carpani
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Janet Yousey
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Accessible Egg Hunt Volunteers

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Ashley Morey
Rebekah Smith
Linda Betchel
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Accessible Egg Hunt Sponsors

Antique Powerland Museum
Best Little Roadhouse
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Log House Garden at Willow Lake
Salem Electric
Salem's Riverfront Carousel
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Sonic - Lancaster Location
Town & Country Lanes
Willsonville Family Fun Center and Bullwinkle's Restaurant

Care Cabinet Contributor

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Birthday Wishes Fairies

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Tracy Moore

Child Abuse Prevention Ribbon Makers

Claire Verstrake
Alexandra Binder
Manuel Marcos
Ellen Hensley
Anna Landgren
Dane Tippett
Breanna Anderson

Cornhole Bag Sewing Crew

Diane Young
Rosi Thomas
Randi McKinney
Jessica Kennady

Thank you to these donors and volunteers whose contributions helped people with disabilities or disadvantages recognize and achieve their full potential. This list represents donors who contributed between Feb. 1 - April 30, 2017

Greatest Need Givers

Steven Bender
Lonnie and Patricia Kennell
Capital Taproom
Casey Fast
Jim and Roseanne Shrull
Lowell and Grace Herr
Pride Foundation in Honor of Kathy Sewell

GED Assistance Grant

Dave's Killer Bread

Pancakes for People Event Sponsors

Cash and Carry - Newport Store
Pig N Pancake
Newport Elks Lodge
Safeway - Newport

Rockstar Karaoke Event Volunteers

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Pancakes for People Event Volunteers

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Kimberly Svensson

Shamrock Run Event Volunteers

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Christina Leonard
Shawn Martin
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Bill Posner

Get in Touch

Salem
503-581-1732

Newport
541-265-4015

Florence
541-997-8028

Eugene
541-344-1121

Website
shangri-la-oregon.org

Community Engagement Office
503-581-1732, x328

If we have inadvertently neglected to thank you, please let us know so that we can acknowledge your generosity in our next newsletter.

If you no longer want to receive the Shangri-La Life Newsletter, just let us know. We will take you off our mailing list.

Nancy finds her place in the OCCC choir

Nancy loves to sing. Through funds made available by Shangri-La's Jan Kral Scholarship fund, Nancy registered for the choir class at Oregon Coast Community College.

Nancy's support staff, Kate Sannella, also loves music. To more fully support Nancy in her new, musical venture, Kate also joined the choir class. The dynamic duo are now in their second term of the class. They attend rehearsal together multiple times per week.

"I am learning old fashioned music like *Phantom of the Opera*," said Nancy. She also said she loves learning to read sheet music and singing with the rest of her choir members.

She hopes to encourage the choir to take on more modern music such as Adele, Lady Gaga and Pink.

Nancy receives daily living support through Shangri-La's Supported Living Program for adults with disabilities. The Jan Kral Scholarship Fund is a donor-supported fund that provides educational, cultural and community inclusion assistance.

Shangri-La welcomes new board member

Meet Shangri-La's newest board member: Britni Davidson-Cruickshank. Britni is the Customer Service Supervisor at Salem Electric.

Britni has been involved with several local organizations advocating for seniors and people with disabilities in Oregon. In her spare time, Britni enjoys spending time with her family, riding bikes and traveling.

"I'm honored to join Shangri-La's board of directors. I am a huge advocate for people with disabilities and believe wholeheartedly in [Shangri-La's] mission," said Britni.



SPRING HAPPENINGS



Birthday Wishes Fairy

Alicia is all smiles holding the birthday card she received from her Birthday Wishes Fairy volunteer.



Shamrock Run

The Newport Shamrock run hosted by **Ardor Adventures** raised over \$400 to support Shangri-La programs.



Teresa Takes First

Teresa placed first in her age category at the Newport Shamrock Run.



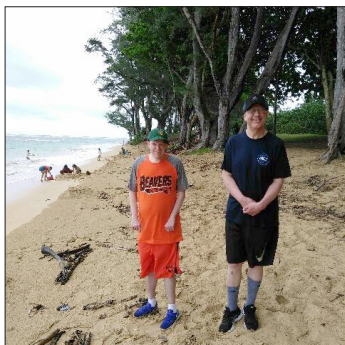
Rockstar Karaoke Night

Musical history was made at Shangri-La's Rockstar Karaoke Night on March 24.



Rockstar Volunteer

Volunteer **Stephanie Hartman** was the creative genius behind the decorations for the Rockstar Karaoke party. Thank you, Stephanie!



Aloha from Hawaii

Brian and Scott recently completed their goal to visit Hawaii. The duo visited many sites and spent time enjoying the warm, sandy beaches.



Legislative Action

Direct support professionals (DSP) Marcus and Angelica visited their legislators at the State Capitol to advocate for a higher wage for DSPs.



Disney Princess

Petra just returned from a trip to Disneyland in California. During the trip, Petra also enjoyed some time under the palm trees at the beach.